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## Internet Safety Tips

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## **10 Internet Safety Tips**

Be open with your parents or other trusted adult. Letting them know what you are doing builds trust, which eventually means more freedom. Share your account information with them and make sure to talk about your online experiences.

Everyone makes mistakes, but the key is to learn from those mistakes. If you accidentally find something that is inappropriate, make sure you tell a trusted adult. You should not be ashamed to tell someone and ask for help.

3 | Share with your parents about your online activities.

Tell your parents about any people that you've met online, especially those you talk to often. Talk about what information is OK to share and what is not.

Work with your parents to create technology rules for the whole family. Sometimes parents can't see something from your perspective, so help them by talking about it!

Keep all of your personal and private information offline. Private information, like your address, phone number, and birth date, should never be discussed. Personal information, like hobbies, friends, and school activities, should only be discussed with people you know in real life. General topics about games, movies, and current events should be safe, but always trust your instincts.

Learn as much about the technology you use as you can. Becoming an expert with your devices and apps can keep you safe by teaching you exactly how everything works. Remember, just because something seems safe doesn't mean that it is. Always check with your parents!

Always use privacy settings while you're online.

Choose who you share your content with wisely.

Always tell someone if you see cyberbullying, especially if you're the one being bullied. Speak up for those who might be scared or embarrassed to speak for themselves.

**Be a good digital role model.** Always think before you post. Classmates, siblings, and others can learn how to be safe from watching your actions. Take pride in using your skills to be a good digital citizen and treat others with respect.