

mama

Mama, you can do this!

The Mississippi Access to Maternal Assistance (MAMA) program is a website that connects women and families to the countless public and private resources available in the state. Whether you're a mother-to-be or a mother of three, MAMA can help you quickly access healthcare services, infant essentials, clothing, food, shelter, financial assistance, child care, jobs, education, legal aid, adoption services and more.

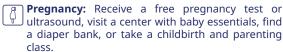
MAMA.MS.GOV

The Mississippi Access to Maternal Assistance program is administered by the Office of the Mississippi Attorney General.



How Can We Help You?

Here are some of the resources you will find on **MAMA**:



Health: Enroll in Medicaid, find free health services near you, connect with a mental health counselor, seek help for substance abuse/addiction, or download health/pregnancy/childbirth tips.

Adoption: Learn more about adoption and other life-affirming options.

Food: Sign up for food benefits and assistance.

Food: Sign up for food benefits and assistance, locate food pantries or a community kitchen, or access free formula.

Goods: Find a resource center near you with car seats, strollers, cribs, diapers and wipes, maternity and infant clothing, and other household items.

Safety: Find a domestic abuse shelter or rape crisis center, connect with a confidential counselor, or request legal aid.

Money: Apply for financial assistance and government benefits for food, rent/mortgages, transportation, and child care; learn more about child support enforcement; or find a financial planning and literacy class.

Child Care: Locate a child care center near you or apply for financial assistance.

Jobs: Search job openings, enroll in job training courses, or apply for financial aid for college.

More About MAMA: In 2023, the Mississippi State Legislature adopted the Mississippi Access to Maternal Assistance (MAMA) program (SB 2781). MAMA is a website and mobile app to connect pregnant women and new mothers with resources available in Mississippi. MAMA is a key component of The Empowerment Project, General Fitch's policy initiative focused on empowering women and promoting strong Mississippi families.

VISIT