



PROTECTING CHILDREN **TOGETHER.**

Child Abuse *Prevention*

10 Ways You Can Help a Child



A Partnership Between THE MISSISSIPPI
ATTORNEY GENERAL'S OFFICE & CHILDREN'S
ADVOCACY CENTERS OF MISSISSIPPI



Lynn Fitch
ATTORNEY GENERAL



Children's
Advocacy Centers
of Mississippi™
We **Protect** Children

In the last year, approximately 1 in 7 children experienced child abuse and neglect. But it doesn't have to be that way. We all have the best tools for safeguarding children against abuse at our fingertips. Using our minds...and our hearts...we can let them know they are not alone.

10 Ways You Can Help a Child

KNOW THE SIGNS.

REPORT SUSPECTED ABUSE OR NEGLECT.

TALK TO YOUR CHILDREN ABOUT PERSONAL SAFETY.

BE ALERT.

MINIMIZE OPPORTUNITY.

MONITOR INTERNET USE.

DISCIPLINE OUT OF LOVE NOT ANGER.

MAKE YOUR HOME A VIOLENCE-FREE ZONE.

GET HELP WITH ALCOHOL AND DRUG PROBLEMS.

VOLUNTEER TO PROTECT CHILDREN.

**Suspect abuse? Call the
Mississippi Child Abuse Hotline:
1.800.222.8000**

**Need help cooling off? Text
HOME to 741741 to connect with a
volunteer Crisis Counselor 24/7**

*Learn more about how
YOU can help prevent
child abuse at:*



**www.AttorneyGeneralLynnFitch.com/CAC
www.ChildAdvocacyMS.org**